



# St Benedict's Catholic High School

Kinwarton Road, Alcester, Warwickshire. B49 6PX  
Telephone: (01789) 762888 Fax: (01789) 400192

Email Headteacher: head@st-benedicts.org  
Email Main Office: admin@st-benedicts.org

www.st-benedicts.org

Headteacher: Mr T P Sara  
Deputy Headteacher: Mr J M Nallen

Assistant Headteachers: Mrs M Deeks  
Mrs C Wilks



Maths & Computing



APPLIED LEARNING

February 2010

Dear Parent/Guardian

## DUKE OF EDINBURGH AWARD SCHEME

We are about to launch our Duke of Edinburgh Award Scheme for Year 9 pupils (Bronze Award). Your child has expressed an interest in the scheme and has received the relevant information.

There are four sections that make up the award, Service, Skills, Physical and Expeditions. The expedition sections consist of an initial training weekend at St. Benedicts followed by a practice and subsequent assessed weekend.

Information regarding the requirements of the separate sections is attached to this letter.

Two out of three of the service, skills and physical elements of the award are to be undertaken for three months and the third for six months. Therefore our requirement is that the first two should be completed by early June (prior to the training weekends) and the third is to be completed by early September prior to the assessed expeditions.

**IF YOUR SON/DAUGHTER HAS NOT COMPLETED THESE SECTIONS BY THESE DATES THEN THEY WILL NOT BE ABLE TO TAKE PART IN THE EXPEDITION SECTIONS OF THE AWARDS.**

The cost of initially enrolling on the award scheme for Bronze level is **£20.00** and once enrolled your child will receive a welcome pack, together with a user name and password which will enable them to record electronically their achievements in the four different sections. Cheques should be made payable to St Benedict's Catholic High School and returned to the school along with the slip below and the attached application form as soon as possible in order for your son/daughter to make a prompt start.

The cost of the expeditions will be £30.00 (for the practice) and £40.00 for the assessed weekend (These will be collected when we send out the expedition letters). Thank you for your co-operation in this matter and if you require any further information please do not hesitate to contact me.

Yours sincerely

Mr G Leeds  
Duke of Edinburgh Award Co-ordinator

.....  
**TO BE RETURNED TO MR LEEDS**  
**RE: DUKE OF EDINBURGH AWARD SCHEME**

Name of pupil..... Form.....

I give my/our permission for the above named pupil to enrol in the Duke of Edinburgh Award scheme and enclose £20.00 and the completed application form.

Signature.....(Parent/guardian)



## Warwickshire DofE – Young person Enrolment Form 2009

Group / School / Unit .....  
 Area ..... Unit Leader .....

**PLEASE COMPLETE FORM IN BLOCK CAPITALS**

Title Mr / Mrs / Miss / Ms / Other Gender: Male / Female  
 Name..... Date of Birth.....  
 Address .....  
 .....  
 ..... Postcode.....  
 Home telephone..... Mobile.....  
 Email .....

eDofE will email your username and password to the address shown above so please write legibly

Do you consider yourself to have a special need? Yes / No  
 Special Needs .....

Ethnicity (please tick as appropriate)

Asian	Bangladeshi		Mixed	Other	
	Indian			White & black African	
	Other			White & black Caribbean	
	Pakistani			White & Asian	
Black	African		Not Known		
	Caribbean		Other		
	Other		White British		
Chinese			White Irish		
			White Other		

Which level are you applying for?

	Cost	Please tick
I wish to enter at <b>BRONZE</b> level (minimum age 13 yrs and 9 months) I have almost completed Bronze level	£11.50	
I wish to enter at <b>SILVER</b> level (minimum age 15 years) I have almost completed Silver level	£11.50	
I wish to enter at <b>SILVER DIRECT</b> level (minimum age 15 years) I have not completed Bronze level	£11.50	
I wish to enter at <b>GOLD</b> level (minimum age 16 years) I have almost completed Silver level	£17.25	
I wish to enter at <b>GOLD DIRECT</b> level (minimum age 16 years) I have not completed Bronze level	£17.25	

Please hand in correct money or cheque to you Unit Leader. Cheques should be made payable to  
**Warwickshire County Council.**

Data supplied on this form and information about DofE activities recorded in eDofE will be used by Warwickshire County Council, The DofE Charity and DofE centre to monitor and manage DofE participation and progress.

All contact from Warwickshire County Council and the DofE Charity using personal data will communicate useful and relevant information to either help participants complete a DofE programme, Leaders and Operating Authority to run DofE programmes more effectively or help the DofE Charity improve the quality and breadth of its programmes, All contact will be via the eDofE messaging service. Participants can choose to receive this information to an external email account or by post using the *personal preferences* section in eDofE. These preferences can be updated at any time.

Data will always be processed fairly and lawfully, and will only be disclosed in accordance with the Data Protection Act 1998.

<p><b>Candidate to sign here:</b>.....<b>Date</b>.....</p>
--

<p><b>This section to be completed by Parent / Guardian:</b> I have read all the details and agree to my son / daughter / ward taking part in the Duke of Edinburgh's Award within Warwickshire.</p> <p><b>Signed (Parent / Guardian)</b>..... <b>Date</b>.....</p> <p>When completed this form should be forwarded with Cheque to:</p> <ol style="list-style-type: none"> <li>1. <b>Unit Leader</b> within your school / unit / group who will then forward it too:</li> <li>2. <b>Area Liaison Officer</b> for your area, who will then forward it too:</li> <li>3. <b>DofE Admin</b> Youth &amp; Community Service Building 3 - Saltisford Office Park Ansell Way Warwick CV34 4UL</li> </ol> <p style="text-align: center;">01926 742490                      dofe@warwickshire.gov.uk</p>
--

<p><b>For DofE administration use only.</b></p> <p>Date registered onto eDofe.....</p> <p>Username.....</p> <p>Password .....</p> <p><small>This is to record the details in case of system failure. Everyone is encouraged to change their password the first time they log onto eDofE.</small></p>
--



## Programme ideas: Volunteering section

When completing each section of your DofE, you should develop a programme which is specific and relevant to you. This sheet gives you a list of programme ideas that you could do or you could use it as a starting point to create a Volunteering programme of your own!

For each idea, there is a useful document giving you guidance on how to do it, which you can find under the category finder on [www.DofE.org/volunteering](http://www.DofE.org/volunteering)

### It's your choice...

Volunteering gives you the chance to make a difference to people's lives and use your skills and experience to help your local community. You can use this opportunity to become involved in a project or with an organisation that you care about.

### Help with planning

You can use the handy programme planner on the website to work with your Leader to plan your activity.

---

#### HELPING PEOPLE:

---

Helping children  
Helping older people  
Helping people in need  
Helping people with special needs  
Youth work

---

#### COMMUNITY ACTION AND RAISING AWARENESS:

---

Changemakers  
Drug and Peer Education  
Home accident prevention  
Personal safety  
Road safety

---

#### COACHING, TEACHING AND LEADERSHIP:

---

Air Training Corps  
Army Cadet Force  
Award Leadership  
Boys' Brigade  
Campaigners  
CCF  
Church Lads and Girls  
Dance Leadership  
Girlguiding UK  
Girls' Brigade  
Girls' Venture Corps  
Outdoor Leadership  
Scout Association  
Sea Cadets  
Sports Leadership  
St John Ambulance Leadership

---

#### WORKING WITH THE ENVIRONMENT OR ANIMALS:

---

Animal Welfare  
Environment

---

#### HELPING A CHARITY OR COMMUNITY ORGANISATION:

---

BCU Lifeguards  
Fundraising  
Faith communities  
Mountain Rescue  
Religious Education  
Religious Education - Jewish  
SOS Kit Aid  
Surf Lifesaving

Visit

**[www.DofE.org/volunteering](http://www.DofE.org/volunteering)**  
for more guidance, information,  
programme planners and programme ideas.



PHYSICAL

## Programme ideas: Physical section

When completing each section of your DofE, you should develop a programme which is specific and relevant to you. This sheet gives you a list of programme ideas that you could do or you could use it as a starting point to create a Physical programme of your own!

For each idea, there is a useful document giving you guidance on how to do it, which you can find under the category finder on [www.DofE.org/physical](http://www.DofE.org/physical)

### It's your choice...

Doing physical activity is fun and improves your health and physical fitness. There's an activity to suit everyone so choose something you are really interested in.

### Help with planning

You can use the handy programme planner on the website to work with your Leader to plan your activity.

#### INDIVIDUAL SPORTS:

Archery  
Athletics  
Biathlon/Triathlon/Pentathlon  
Boxing  
Carpet Bowling  
Croquet  
Cross country running  
Cycling  
Fencing  
Flat Green Bowls  
Golf  
Horse riding  
Orienteering  
Petanque  
Running  
Walking

#### WATER SPORTS:

Canoeing  
Diving  
Dragon Boat Racing  
Rowing and sculling  
Sailing  
Sub aqua (SCUBA diving and snorkelling)  
Surfing/body boarding  
Swimming  
Synchronised swimming  
Windsurfing

#### DANCE:

Dance  
Scottish dancing  
Welsh folk dancing

#### RACQUET SPORTS:

Badminton  
Real tennis  
Squash  
Table Tennis  
Tennis

#### FITNESS:

Cheerleading  
Fitness activities  
Gymnastics  
Keep fit  
Medau movement  
Physical achievement  
Trampolining  
Walking  
Weightlifting  
Yoga

#### EXTREME SPORTS:

Caving and potholing  
Climbing  
Mountain biking  
Parachuting/sky diving  
Skateboarding  
Snow sports (Skiing, snowboarding)

#### MARTIAL ARTS:

Judo  
Martial Arts  
Self-defence

#### TEAM SPORTS:

American Football  
Baseball  
Basketball  
Boccia  
Camogie  
Carriage Driving  
Cricket  
Curling  
Fives  
Football  
Hockey  
Hurling  
Kabaddi  
Korfball  
Lacrosse  
Netball  
Polo  
Rounders  
Rugby Football League  
Rugby Football Union  
Stoolball  
Tchoukball  
Ultimate Flying Disc  
Volleyball

Visit  
[www.DofE.org/physical](http://www.DofE.org/physical)  
for more guidance,  
information, programme  
planners and  
programme ideas.

## Programme ideas: Skills section

When completing each section of your DofE, you should develop a programme which is specific and relevant to you. This sheet gives you a list of programme ideas that you could do or you could use it as a starting point to create a Skills programme of your own!

For each idea, there is a useful document giving you guidance on how to do it, which you can find under the category finder on [www.DofE.org/skills](http://www.DofE.org/skills)

### It's your choice...

Developing a skill helps you get better at something you are really interested in and gives you the confidence and ability to use this skill both now and later in life.

### Help with planning

You can use the handy programme planner on the website to work with your Leader to plan your activity.

---

### PERFORMANCE ARTS

Ballet appreciation  
Ceremonial drill  
Circus skills  
Conjuring and magic  
Dance appreciation  
Majorettes  
Puppetry  
Theatre appreciation

---

### SCIENCE & TECHNOLOGY

Information technology  
Young engineers

---

### CARE OF ANIMALS

Agriculture (Keeping livestock)  
Aquarium keeping  
Beekeeping  
Budgerigars & canaries  
Dog training & handling  
Horses - handling and care  
Insects  
Keeping of pets  
Pigeon breeding & racing  
Reptiles

---

### MUSIC

Church Bellingring  
Disc jockey  
Jazz - playing a musical instrument  
Music appreciation  
Music - playing an instrument  
Singing

---

### NATURAL WORLD

Agriculture  
Cacti growing  
Conservation  
Groundsmanship  
Forestry  
Gardening  
Natural world  
Orchid growing  
Plant growing  
Transport restoration

---

### GAMES & SPORTS

Snooker, pool and billiards  
Cards (Bridge)  
Chess  
Clay target shooting  
Cycle maintenance  
Darts  
Fantasy games  
Fishing/flyfishing  
Flying  
Gliding  
Historical period re-enacting  
Karting  
Kite construction & flying  
Marksmanship  
Model construction & racing  
Motor sports  
Power boating  
Sports appreciation  
Sports officiating  
Table games  
War games

---

### LIFE SKILLS

Cookery  
Digital Lifestyle  
Driving - car maintenance  
Driving - car road skills  
Driving - motorcycle maintenance  
Driving - motorcycle road skills  
Life skills  
Money management  
Navigation  
Young enterprise  
Casualty simulation  
Committee skills  
Cyclist training  
Democracy in action  
Event planning  
First Aid Malta  
First Aid St Andrews  
First Aid St Johns  
Learning about Civil Aid  
Learning about Lifesaving  
Learning about the Ambulance service  
Learning about the Coastguard  
Learning about the Emergency services  
Learning about the Fire service  
Learning about the Police service  
Learning about the RNLI (Lifeboats)  
Library & information skills  
Public speaking & debating  
Skills for Employment

*continued over...*

---

## LEARNING & COLLECTING

---

Aeronautics  
Aircraft recognition  
Archaeology  
Astronautics  
Astronomy  
Bird watching  
Coastal navigation  
Collections, studies & surveys  
Costume study  
Criminology  
Fashion  
Forces insignia  
Gemstones  
Genealogy  
Heraldry  
History of art  
Military history  
Reading  
Religious studies  
Ship recognition  
Stamp collecting  
Weather/meteorology  
Zoology

---

## MEDIA & COMMUNICATION

---

Amateur radio  
Communicating with people who have a hearing impairment  
Communicating with people who are visually impaired  
Film and video making  
Journalism  
Languages  
Newsletter & magazine production  
Signalling  
Writing

---

## CREATIVE ARTS

---

Basket making  
Boat work  
Brass rubbing  
Cake decoration  
Camping gear making  
Candlemaking  
Canoe building  
Canvas work  
Carnival/Festival float construction  
Ceramics  
Clay modelling  
Cookery  
Corn dollies and straw work  
Creative embroidery  
Crocheting  
Cross stitch  
DIY  
Dough craft  
Drawing  
Dressmaking  
Egg decorating  
Enamelling  
Fabric printing  
Floral decoration  
French polishing  
Furniture restoration  
Glass painting  
Glass work  
Interior design  
Jewellery  
Knitting  
Lace making  
Leatherwork  
Lettering & calligraphy  
Marquetry  
Model construction  
Mosaic  
Painting & Design  
Papercraft  
Patchwork  
Pewter working  
Photography  
Pottery  
Quilting  
Rope work  
Rug making  
Soft furnishing  
Soft toy making  
Tatting  
Taxidermy  
Textiles  
Weaving & spinning  
Wine making  
Woodwork

Visit

**[www.DofE.org/skills](http://www.DofE.org/skills)**

for more guidance, information,  
programme planners and programme ideas.