

St Benedict's Catholic High School

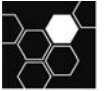
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Maths &
Computing



VOCATIONAL

Headteacher: Mr T P Sara
Deputy Headteacher: Mr J M Nallen

Assistant Headteachers: Mrs M Deeks
Mrs C Wilks

23 March 2010

Dear Parents

I would like to bring to your attention a disturbing 'game' that appears to be being 'played' by pupils throughout most or all school year groups. The idea of the 'fainting game' is to hold your breath for as long as you possibly can but ideally until you faint.

We have had a few concerned parents notifying us of this 'game' being played mainly outside of school. It would appear that pupils have heard about this via the internet and are spreading the advice with other pupils both inside and outside of school.

We have been notified that this 'game' resulted in the death of a large number of children between the ages of 9 and 16 in 2009. Obviously we take this kind of matter very seriously and will be speaking with the whole school regarding the dangers of such a 'game'. We would ask that you speak with your children at home about this too.

Yours sincerely

Mrs C Wilks
Head of Pastoral Care
Assistant Headteacher

