



# St Benedict's Catholic High School

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Maths & Computing

Headteacher: Mr T P Sara  
Deputy Headteacher: Mr J M Nallen

Assistant Headteachers: Mrs M Deeks  
Mrs C Wilks

# Community Courses

## Starting September 2010

YOUNG PEOPLE'S ACTIVITIES (adults overleaf)	Wks	Dates	Time	Cost
<b>TUESDAYS</b>				
<b>Trampolining</b> - Recreational for children 10+ yrs. Learn techniques to perform moves and routines safely. (Simon)	10	21 <sup>st</sup> September	4-5 pm	£30
<b>Trampolining</b> - Recreational for children 4-9yrs Learn techniques to perform moves and routines safely. (Simon)	10	21 <sup>st</sup> September	5-6 pm	£35 Only 8 places
<b>"Dynamics" Trampolining Club</b> – We are excited to have this new partnership. If you want to join a club, enter competitions etc then come here and enrol with them. (Kris and Stacey)	10	21 <sup>st</sup> September	6.15pm-8.15pm  2 hour session	£70
<b>WEDNESDAY</b>				
<b>Street dance</b> 5yrs-9yrs (Adele)	10	22 <sup>nd</sup> September	5.00-6.00pm	£30
<b>Street dance</b> 10+ yrs (Adele)	10	22 <sup>nd</sup> September	4.00-5.00pm	£30
<b>Teen Art</b> 11+ yrs (Cheryl)	10	22 <sup>nd</sup> September	4.00-5.15 pm	£38 (incl of materials)
<b>THURSDAY</b>				
<b>Drama</b> - for children 8yrs+	10	23 <sup>rd</sup> September	4.00-5.00 pm	£30
<b>Art and Craft</b> - for children 4-7 yrs (Cheryl)	10	23 <sup>rd</sup> September	4.00-5.15pm	£38 (incl of materials)
<b>Art and Craft</b> - for children 7-11 yrs (Cheryl)	10	23 <sup>rd</sup> September	5.15-6.30pm	£38 (incl of materials)



See overleaf for adult classes and enrolment details



## ADULT CLASSES

<b>Leisure Courses:</b>							
	No Wks	Start Dates	Time		Full price £		
<b>MONDAY</b>							
New	Circuit Training	10	20th September	7-8.00 pm	1 hr	£40	
<b>TUESDAY</b>							
	Italian - basic knowledge	10	21st September	6.00-8.00 pm	2 hrs	£60**	
	Cake decorating - learn how to ice cakes for xmas!	10	21st September	7-9.00 pm	2hrs	£80**	
	Basic computing - for those with NO knowledge at all	10	21st September	7-8.30pm	1.5 hrs	£10	
<b>WEDNESDAY</b>							
	ESOL - English as a Second Language	10	22nd September	5.30-7.00mp	1.5 hrs	£60	
<b>THURSDAY</b>							
	Spanish for Intermediate	10	23rd September	6.00-7.30 pm	1.5 hrs	£60**	
	Spanish for basic knowledge	10	23rd September	7.30-9.00 pm	1.5 hrs	£60**	
New	Fatbustin Fitness Class - Personal trainer (numbers limited)	6	23rd September	6.30-7.15pm	45 mins	<a href="#">Ring Annie Randles at Fitnez First (07966 177864) for details and enrolment</a>	
New	Pilates (numbers limited)	10	23rd September	7.30-8.30 pm	1hr		
<b>Qualifications:</b>							
New	GCSE Maths	year	20th September	6-8.00 pm	2 hrs	Monday	free
New	GCSE Science	year	21st September	6.0-8.00 pm	2 hrs	Tuesday	£60 per term (3 terms)
New	GCSE English	year	22nd September	7-9.00 pm	2 hrs	Wednesday	£60 per term (3 terms)
New	GCSE French	year	23rd September	7-9.00 pm	2hrs	Thursday	£60 per term (3 terms)
New	AS Maths	year	22nd September	4-6.00 pm	2 hrs	Wednesday	Free
New	BTEC Dance	year	22nd September	6.30-9.00 pm	2.5 hrs	Wednesday	Free

If anyone wants a First Aid Course please let me know. The costs are as follows:

First Aid At Work Refresher Certificate £75 (2 day course)

First Aid At Work Appointed person £40 (1 day course)

First Aid at Work Certificate £150 (3 day course)

**PLEASE RING JACKIE WITTS ON 01789 762888 OR 07753234964 OR EMAIL [Witts.J@st-benedicts.org](mailto:Witts.J@st-benedicts.org) to book your place or anything else the school can help you with**

\*\* Please note where stars appear on price, they are half price to pensioners and free to unemployed

**Enrolment will take place on**

**Tuesday 14th September 4.30pm-6.30pm or**

**Wednesday 15th September 10.00-1.00pm**